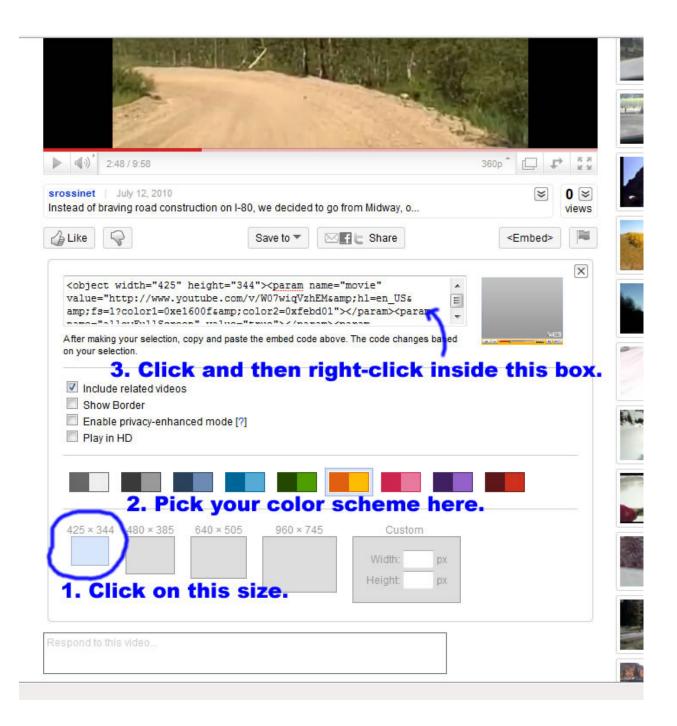
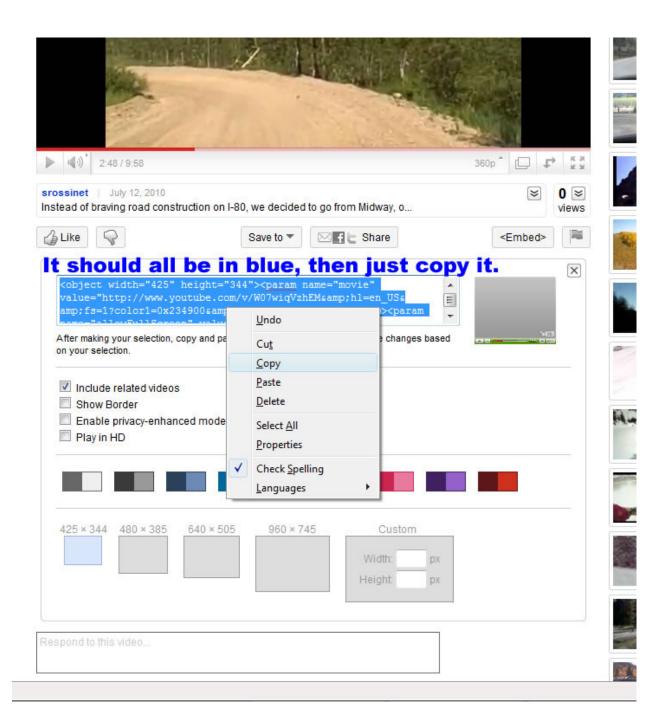
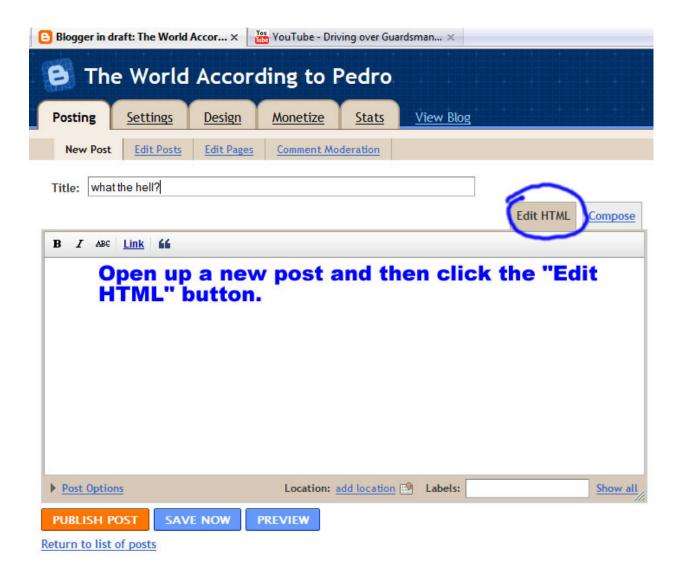
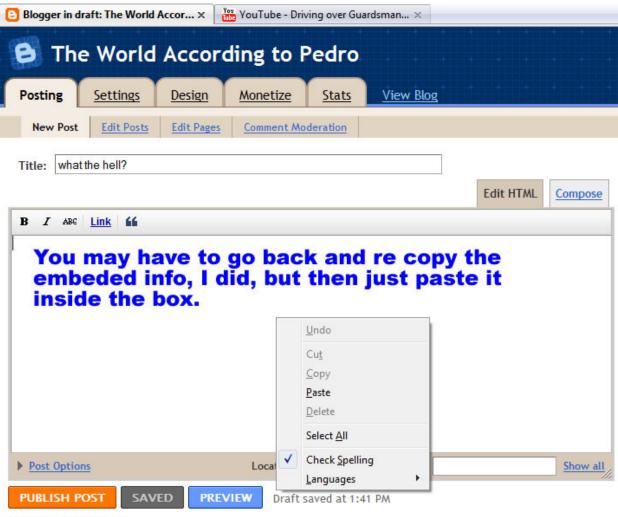
The first thing to do is open the video you want in one window, and your new post in another. This will make the copy/paste process a lot easier.

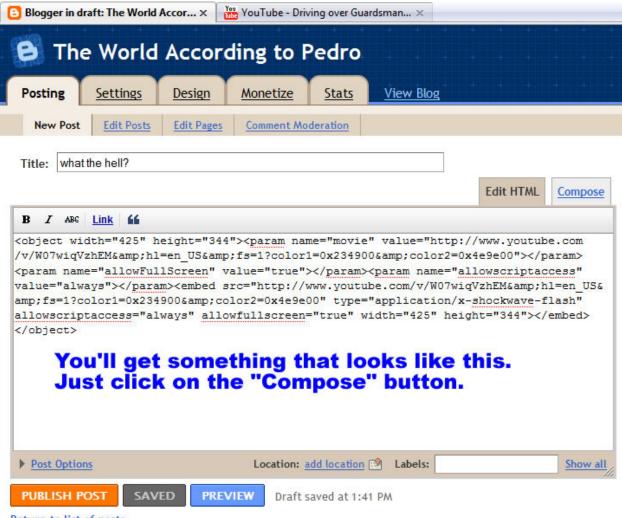


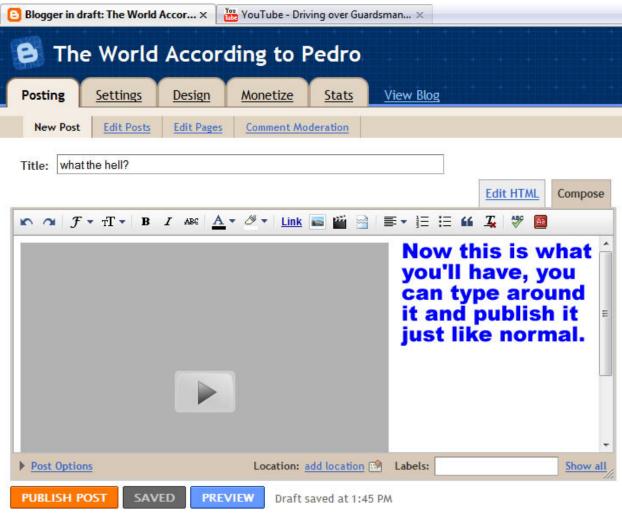


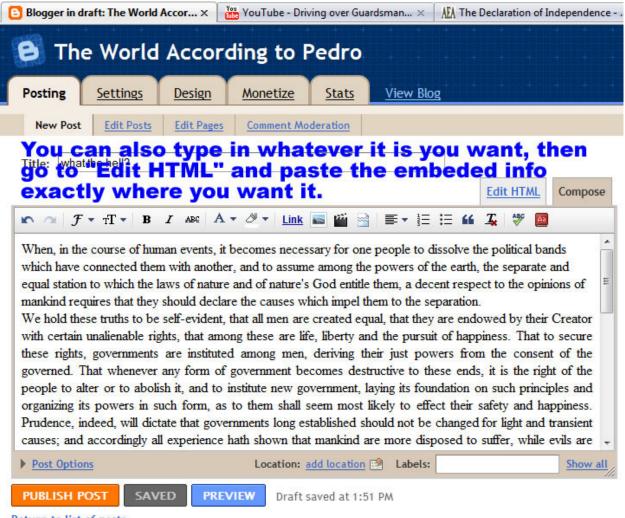


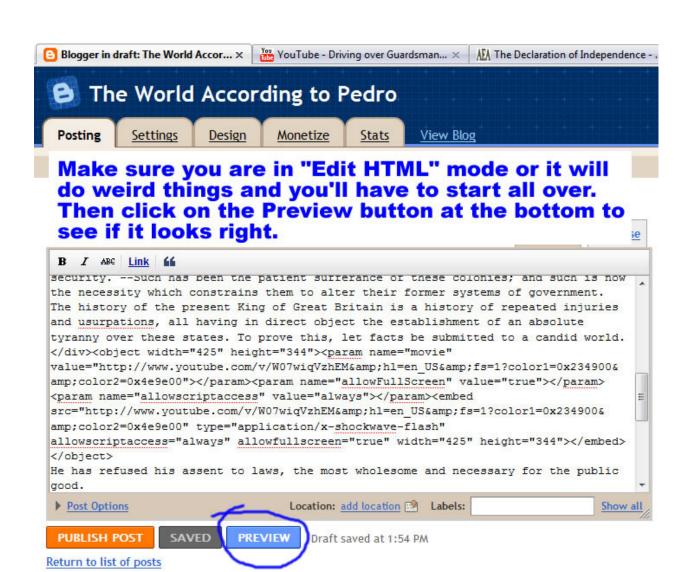














Now all you have to do is publish it and you're done.